

Strategic Plan 2023-2026

SYSTEMIC ADVOCACY

Lived experience informs mental health reform, policy and planning

We will do this by:

- Providing a strong, collective voice of lived experiences through advocacy submissions and representations to inform mental health reform and implementation initiatives at state/territory and National levels to improve the capacity, quality and safety of Australia's mental health care system
- Being at the forefront of mental health reform, in designing, developing and reviewing initiatives that meet the needs of consumers, families, and carers accessing mental health services.

RESEARCH

Lived experience evidence base is informed and led by lived experience

We will do this by:

- Having a national, lived experience-led research agenda that broadens the evidence base of consumer, family and carer experiences and translates this to inform systemic advocacy, mental health reform and service provision.
- Translating research evidence to inform mental health policy and reform, and improve mental health service provision across Australia
- Building the capacity, capabilities and reach of lived experience-led research.

CAPACITY BUILDING

Lived experience informs service design and mental health practice

We will do this by:

- Providing capacity building for consumers, families, and carers in areas such as advocacy and lived experience representation.
- Building the private sector lived experience workforce through capacity building of organisations and clinicians to establish, support and review their lived experience workforce.
- Providing capacity building for organisations and clinicians to strengthen lived experience partnership and engagement in service design, delivery and evaluation using trauma-informed approaches.

PARTNERSHIPS & COLLABORATION

Making a difference together

We will do this by:

- Providing Government with access to coordinated and representative lived experience voices to develop and review mental health reform and implementation initiatives.
- Partnering with organisations to consolidate and expand lived experience representation